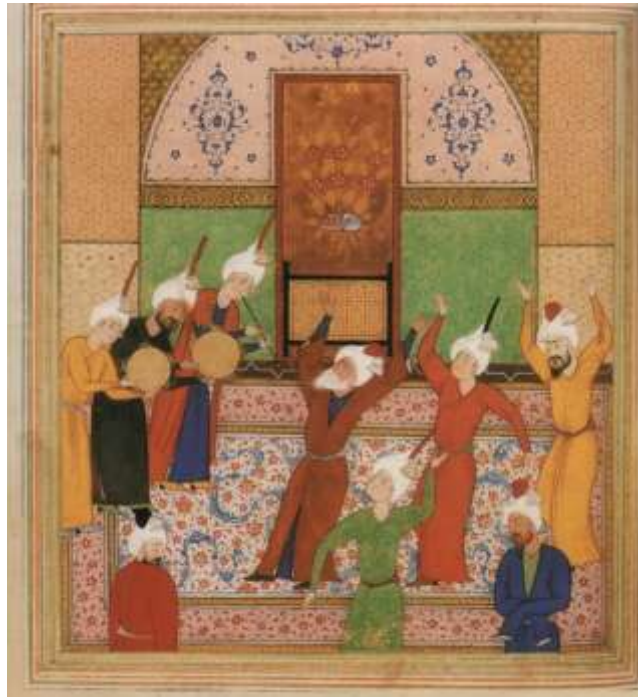


The Art of Remembrance

14th European Winter Retreat



Wali & Ariënne with Friends

February 23 – March 2, 2013
Khankah Samark, Germany

Dances & Walks, Storytelling, Sesshin, Feedback Sessions,
Music Classes, Sufi Practices & Dharma Talk

Retreat & Training

This retreat has proven to be for all lovers of the dances who want to deepen and refresh the Dances of Universal Peace in an international community. With the feedback sessions, the retreat can serve as training for those who are in the process of becoming a dance teacher.

We will work with the Dances of Universal Peace, Zikr, Sesshin (one silent day of sitting and dancing), Storytelling, Dharma Talk, Sufi morning practices and of course joy, for 'Joy is the natural state of the heart'.

The Art of Remembrance



Zikr is the Arabic word for Remembrance and the practice of remembering Unity and the divine in all you do. As such, it is much broader than the Sufi tradition. Though we will do plenty of Zikr, this retreat will also

show how Zikr and the Spiritual Paradox hidden in the Zikr phrase (*la ilaha illa'llah*), applies to other traditions and of course also to our everyday life. This spiritual paradox shows that you gain by doing less, become stronger by letting go and has been advocated by Jesus and other teachers.

Guitar classes

There will be ample possibilities to train your musical skills, accompanying the dances, so try and bring your guitar, drum or other instrument. Like in previous years, Arjuna will offer guitar classes for beginning and more advanced students.

Khankah Samark

After the successful Samark Summer Week, we decided to move the Winter Retreat to Khankah Samark, our home in Germany.

The Khankah with its intimacy and homelike feel and the good food is ideally suited for this kind of Retreat. The stunning view and nature invites you to walks in the area, the rooms are like at home



Program

We deepen the program and the dances in the morning sessions. Every other afternoon is for supervision sessions led by (emerging) dance teachers. We invite the more advanced teachers to guide the students with us and offer feedback on this process as a way of training towards the process of mentoring. The evening is for Dance and Celebration, Ritual and Zikr.

All sessions will be English spoken with translation into German.

Travel tips

When booked early, trains into Germany can be very cheap. Check www.bahn.de/i/view/GBR/en/index.shtml.

Also, see our website for more on this or travel by car or plane. Best fly to Cologne or Düsseldorf. For more, see under 'Contact and how to get there'.

The leaders of the retreat



Ariënné & Wali van der Zwan have been leading workshops in Europe and beyond for almost two decades. Both are senior teachers in the Mentor Teachers Guild (MTG) and the Sufi Ruhaniat (SRI).

They offer training and have students in many EU countries and beyond.

Their style of leading combines strength with beauty, depth with lightness, joy with energy, clarity & focus with ease. Their co-teaching allows for interweaving of masculine and feminine energies.

Financial & Practical Information

The costs for the workshop are €400,= all in.

Some concession available for €340,=.

Participants of the Czech Republic, Russia, the Baltics or other soft currency countries are directly sponsored by us. Depending on the numbers of full paying

participants, we can offer some scholarships. Feel free to write us why this event is important for you as training, retreat or both and ask for a reduction.

Maximum of 16 participants in chronological order of paid deposit (€ 50,= / € 75 for single room) or full amount. Please add 'deposit EU Retreat 2012'.

The deposit is refundable in exceptional cases only. Please see our website for more on this

Within EU:

IBAN: DE59370502990341553326, BIC: COKSDE33

German participants:

Konto 341553326, BLZ: 37050299

Please confirm your deposit by E-mail.

Contact us if you live outside the Eurozone.

Khankah Samark has 14 beds available in 1, 2 or 3 person bedrooms. Please book early with deposit to secure your bedroom.

The retreat will run from Saturday evening until the next week Saturday after breakfast, in time to travel home on the same day. Participants will receive the list of participants, the itinerary and further information about a week before the retreat.

Wali & Ariënne van der Zwan

Unterbirkholz 7

57587 Birken-Honigsessen

+49 2294 993 78 41

samark@peaceinmotion.eu

www.peaceinmotion.eu